

# LIFE

## ON WHEELS



A Circus Theatre Show by

**B**ELLA  
KINETICA

# Life On Wheels

## The Show



**'A unique and atmospheric show...  
you made me cry, goddammit!'**

**Audience member - Circomedia**

On roller-skates and in the air, two women revisit the interweaving stories of their past lives and loves - from the post-war optimism of the late 1940s to the domestic realities of the 1950s and beyond.

Bella Kinetica's new production combines circus disciplines with traditional theatrical devices to create an innovative show that tells a moving story. With evocative use of recorded memories and music from the eras, alongside breathtaking physical feats, we will give the audience a new perspective on the enduring friendship of women.

The show is performed entirely on roller-skates. This gives the characters opportunities to represent physically the metaphors of their lives - spinning circles round each other, rolling in and out of each other's lives - and sometimes entirely lifting off into the air.

**Life On Wheels Showreel: <http://tinyurl.com/p5koxex>**



**Jessie@bellakinetica.com - [www.BellaKinetica.com](http://www.BellaKinetica.com) - +44 (0) 7855 972 923**

# Bella Kinetica

## The Company



The award winning contemporary circus company Bella Kinetica was founded in 2008 by Lisa Truscott and Jessie Rose, and specialises in aerial and roller-skating acts. They are one of the few all-female acts to perform a trick roller-skating act of this kind. Lisa and

Jessie's

backgrounds are in a wide range of the performing arts, including music, dance and drama. This gives their work a theatrical edge, as they use character, comedy and choreography to enhance their work.

Over the last five years the duo has achieved critical acclaim by winning both The Stage's variety act competition and the Emma Insley Aerial Creation Award, as well as development grants from Lab:time, and the Arts Council England.

It was a love of both aerial and roller-skating, which prompted the thought – what would happen if we combined the two? Could these skills be used to tell a story?

**'A well-choreographed skillful act that demonstrate  
great showmanship'**

**Tania Harrison, Festival Republic, Latitude Festival**



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## The Images



**'a charmingly energetic and heart-tugging portrayal of love and growing old'**

*Kate Kellsal, Imaginadium*



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## Technical Details

### Show details

45 min. Suitable for ages 6 and up.

### Stage

Flat, hard floor min 10m(w) x 6.3m(d). Flooring without dancemat covering preferred.

### Rigging

Truss height min 6.5M. Load bearing min 500K.

We will install a counterweighting system with vertical truss, ladder and pulleys for lifting the performers from a central point in the truss. Access to roof required - cherry picker/ ladder/overhead access point etc. We will provide all rigging equipment.



### Lighting

We will require a selection of good quality profiles and fresnels pre-rigged overhead.

### Sound

A good quality, full range FoH system suitable for your auditorium, two playback decks, positioned at the mixing console. A working area of approx 1m x 1m within reach of FoH sound desk for laptops etc.

### Accommodation

Please provide two clean, warm dressing-rooms with iron & ironing board. Tea and coffee on arrival is always appreciated. Please indicate if catering is available on site.

### Parking

We require parking for up to one van and one car for the duration of our stay.

### Staffing & support

We require a technician for the duration of our time in your venue. Please provide a full pre-rig in advance of our arrival.

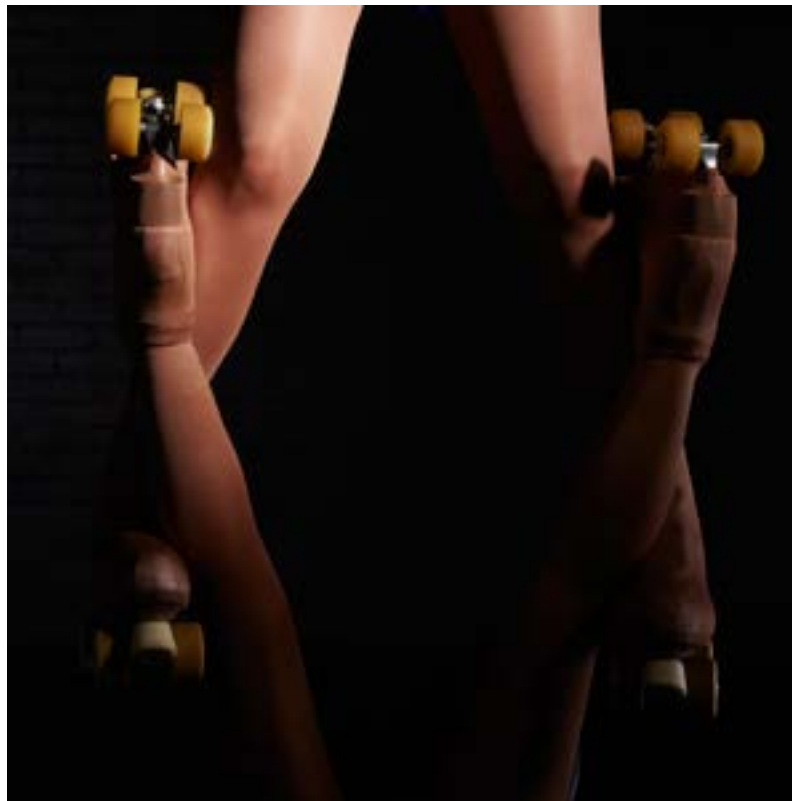
# Life On Wheels

## Partners

CIRCOMEDIA



**THE BLACK-E** education  
exploration  
enthusiasm  
connecting artists and communities



## Creative Team

Director: **Angela Gasparetto**

Choreographer: **Simeon Qsyea**

Devised and produced by: **Bella Kinetica**

Riggers: **Ilya Varty/Barney Wreyford**

## Cast

**Lisa Truscott**

**Jessie Rose**

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